What Will Labor and Birth Be Like?

Terrifying

Life Changing

Manageable

Exciting

Happy

Challenging

Manageable

Challenging

Peaceful

Messy

Being nurtured

Lonely

Beautiful

Joyful

Painful!

Roller Coaster

More than I can handle

LONELY

Being nurtured

Lonely

Being nurtured

Joyful

Painful!

Joyous

Being nurtured

Lonely

Being nurtured

Joyful

Painful!

Being nurtured

Lonely

Being nurtured

Joyful

Painful!

Scary

Out of Control

Intense!

Sad

Lonely

Being nurtured

Lonely

Being nurtured

Joyful

Painful!

Altered State

Out of Control

Intense!

Sad

Lonely

Being nurtured

Lonely

Being nurtured

Joyful

Painful!

Exhausting

Medical

Lons of bodily fluids

Unknown

Physical

Natural

Holding your Breath

Overwhelming

Medical

Lons of bodily fluids

Unknown

Physical

Natural

Holding your Breath

HARD WORK

Best experience of my life....

Worst experience of my life

Normal


Normal


HARD WORK

Best experience of my life....

Worst experience of my life

Normal


HARD WORK

Best experience of my life....

Worst experience of my life

Normal